

PAPER – I

Scheme & Syllabus of competitive Examination For the post of Physical Training Instructor

grade-II and grade III:-

1. The question paper will carry maximum 200 marks.
2. Duration of question paper will be 2.00 hours.
3. The question paper will carry 100 questions of multiple choices.
4. Paper shall include following subjects carrying the number of marks as shown against them :-

(i) Geographical, Historical, Cultural and general knowledge of Rajasthan.	80
marks	
(ii) Current Affairs of Rajasthan	20
marks	
(iii) General knowledge of world and India	60
marks	
(iv) Educational Psychology.	40
marks	
Total	200
marks	
5. The detailed syllabus and scope of paper for the examination will be as prescribed by the Commission from time to time and will be intimated to the candidates within the stipulated time in the manner as the Commission deems fit.

Paper-II

1. The question paper will carry maximum 260 marks and maximum 40 marks shall be awarded for participation in sports\ tournaments. (as per “Note” mentioned below).
2. Duration of question paper will be 2 hours.
3. The question paper will carry 130 questions of multiple choices.
4. Paper shall include following subjects carrying the number of marks as shown against them:-

(1) General Knowledge of Physical Education of secondary and senior secondary standard.	60 marks
(2) General knowledge of sports and Physical Education and current affairs.	40 marks
(3) Theories, definitions and History of Physical Education.	20 marks
(4) Education and Games Psychology.	20 marks
(5) Methods, Supervision and Organisations of Physical Education.	20 marks
(6) Theories of Training and Decisions.	20 marks
(7) Since of basic Physical Anatomy, Function and Health Education.	40 marks
(8) Entertainment, camp and yoga.	40 marks

Total 260 marks

5. The detailed syllabus and scope of paper for the examination will be as prescribed by the Commission from time to time and will be intimated to the candidates within the stipulated time in the manner as the Commission deems fit.

Note:- (1) Awardable marks on the basis of certificate of the participation & the position gained in sports competition shall be as under,-

1. Participation at international level or winner at national level.	40 marks
2. II position at national level.	36 marks
3. III position at national level.	32 marks
4. Participation at national level or winner at state level.	28 marks
5. II position at state level.	24 marks
6. III position at state level.	20 marks
7. Participation at state level or winner at district level.	16 marks
8. II position at district level.	12 marks
9. III position at district level.	8 marks

10. Participation at district level.

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Note :- (II) Levels shall be as under :-

1. District Level:- Following tournaments will be considered of district level,-
 - a. District level school tournament of Elementary Education Department.
 - b. District level school tournament of Secondary Education Department
 - c. State level school tournament of Sanskrit Education Department.
 - d. Cluster level school tournament of Navoday Vidyalay Samiti and Central School Organization.
 - e. Inter college tournament of Universities.
2. State Level,- Following tournaments will be considered of state level,-
 - a. State level school tournaments of Elementary Education Department.
 - b. State level school tournament of Secondary Education Department.
 - c. National level school tournament of Navoday Vidyalay Samiti and Central School Organization.
 - d. Inter Universities tournament at zone level.
3. National level,- Following tournaments will be considered of national level,-
 - a. School games tournament organized by School Games Federation of India at national level.
 - b. Inter University tournament at National or inter zone level.
4. International level,- Participation in international tournaments through any one of these organization,- School Games federation of India, University Sports Association or Sports Federation of India.

Note- (III) Verification of Sports Certificates,-

- a. Sports certificates will be considered if they are verified by Secretary of Rajasthan Sports Council Or Head of the Institute with a mention that participant is a regular student of the Institution.
- b. Sports certificate of participation or acquired position in International tournament through School Games Federation of India, University Sports Association or Sports Federation of India will be considered only when the same is verified by the concerned federation\association.”